RMD tables for your reference

To calculate an RMD: Divide the December 31 account value by the owner's Age and Factor: 12/31 Value ÷ Factor

BASED ON IRS TABLE III UNIFORM LIFETIME TABLE (for use by owners)

Age	Percent	Factor															
70	3.65	27.4	76	4.55	22.0	82	5.85	17.1	88	7.87	12.7	94	10.99	9.1	100	15.87	6.3
71	3.77	26.5	77	4.72	21.2	83	6.13	16.3	89	8.33	12.0	95	11.63	8.6	101	16.95	5.9
72	3.91	25.6	78	4.93	20.3	84	6.45	15.5	90	8.77	11.4	96	12.35	8.1	102	18.18	5.5
73	4.05	24.7	79	5.13	19.5	85	6.76	14.8	91	9.26	10.8	97	13.16	7.6	103	19.23	5.2
74	4.2	23.8	80	5.35	18.7	86	7.09	14.1	92	9.8	10.2	98	14.08	7.1	104	20.41	4.9
75	4.37	22.9	81	5.59	17.9	87	7.46	13.4	93	10.42	9.6	99	14.93	6.7	105	22.22	4.5